Sabre grade 5, Description.

Second intention actions: These are any actions that are made to provoke a movement from the opponent.

Simple actions: These are actions made with one blade or body movement in one period of fencing time.

Compound actions: These are actions that are made with more than one blade or body movement, and made in more than one period of fencing time.

Preparations: Preparations are actions that are made with either the blade or the body. These can be used as follows:

- Preparations can be used to open the way for an attack, e.g. a beat on the opponent's blade will displace the point to expose the target area to an attack.
- Preparations can be used to dominate the opponent's blade, e.g. to engage the opponent's blade allows the fencer to gain control of the opponent's blade.
 However the use of engagements is rare when fencing sabre, because the nature of sabre fencing is free flowing with very little static blade contact.
- Preparations can also be used to draw a reaction from the opponent, e.g. by stepping forward and lowering the sword from tierce into seconde you can draw an attack into your high line, enabling you to parry this attack (because you are expecting it) and hit using a riposte.