



Achievement Award

Grade 7—EPEE

Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

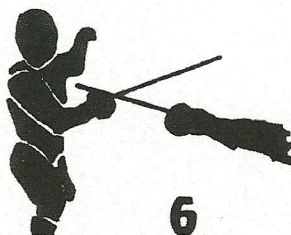
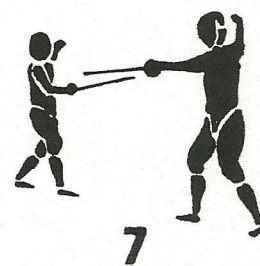
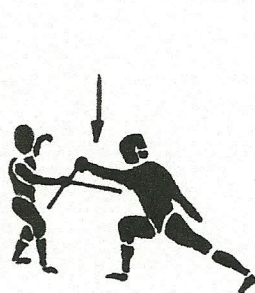
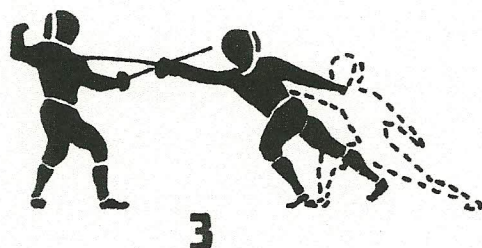
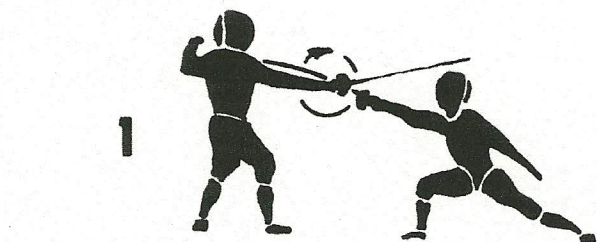
- 1 Maintain step-lunge distance and step forward to draw your partner's hit to the arm and attack to body using an envelopement.
- 2 Defend against your partner's compound attack using successive Parries with a step back and Riposte with an envelopement and Fleche to body as your partner recovers
- 3 Attack to body with a step lunge and when your partner Parries with a step back, Reprise Disengage with Fleche
- 4 Defend against your partner's attack using a Parry of Quarte and Riposte with Croisé

From a stationary position:

- 5 Parries ending in Prime, Seconde Tierce and Quinte with Ripostes
- 6 Ceding and opposition Parries
- 7 Simple and Compound Derobements

Describe:

- 1 Your understanding of False Attack-Attack
- 2 Detached and opposition Ripostes
- 3 Counter Attacks in opposition and Parries with opposition Ripostes
- 4 Use of Reassemblent



Badges And Certificates Obtainable From:

Amateur Fencing Association

AFA Secretariat, 1 Baron's Gate, 33/35 Rothschild Road, London W4 5HT
Tel: 081-742 3032