

Achievement Award Grade 5— EPEE

Demonstrate:

(with coach or partner)

While following your partner's steps forward and backward:

- 1 Attack to your partner's arm with:
 - a. One-two with lunge
 - b. Double with lunge
- Maintain correct distance and step forward with a feint to arm and:
 - a. Deceive your partner's Parry of Quarte and lunge to body finishing in opposition
 - b. Deceive your partner's Parry of Sixte and lunge to body finishing in opposition
- 3 Maintain correct distance and when your partner pauses, step forward to engage blades in Sixte, Quarte and Octave and:
 - Attack to arm with Direct and Indirect Attacks
 - b. Attack to body with Direct and Indirect Attacks

From a stationary position:

- Successive Parries
- 5 Hits with angulation
- 6 Direct Attack to body with Fleche Attacks and Ripostes using a Bind and a Croise

Describe:

- How the electric epee works and how to correct errors in the travel and compression springs
- Rules concerning Corps-a-Corps Second-intention actions



Badges and Certificates Obtainable From:

Amateur Fencing Association AFA Secretariat, 1 Baron's Gate, 33/35 Rothschild Road, London W4 5HT

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